



## Statewide Training: Juvenile Treatment Courts Available Sessions

### **Juvenile Drug Treatment Court Best Practices: Adolescent Development**

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Adolescence is a time of growth and development. Understanding the ways in which young people make decisions as they experience the social, emotional, and physical changes during this time can help professionals who work with them respond effectively. This session will focus on the ways in which juvenile drug treatment courts can design their programs to help youth develop positive pro-social attributes and skills.

#### **Learning Objectives:**

1. Describe how adolescent development affects decision-making
2. Discuss the specific needs of JDTC clients
3. Identify effective intervention strategies for JDTC clients with an adolescent development lens

### **Juvenile Drug Treatment Court Best Practices: Engaging Families**

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This module introduces practitioners to the importance of ensuring healthy development for Juvenile Treatment Court participants by working collaboratively with families in order to meet the diverse needs of youth within the Juvenile Treatment Court program. This session will introduce the participant to relevant *Guidelines* on engaging families. An exercise for engaging and strengthening outcomes for the families will be provided.

#### **Learning Objectives:**

1. Discuss the importance of strategies for engaging families.
2. Explain the research related to family engagement and outcomes in JDTC programs.
3. Understanding and Overcoming Barriers to Family Engagement.
4. Consider related policy changes.





## **Juvenile Drug Treatment Courts: Effective and Healthy Staffing Techniques**

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This training session aims to equip juvenile treatment court staff with the necessary skills and knowledge to conduct efficient, collaborative, and impactful pre-court staff meetings. These meetings play a vital role in case planning, fostering team cohesion, and ensuring the delivery of effective interventions for court-involved youth struggling with substance use.

### **Learning Objectives:**

1. Recall policies and procedures that should be implemented as ground rules for pre-court staffing.
2. Illustrate practical procedures to use during pre-court staffing that assist in understanding individual-level progress, using data.
3. Review the integration of strengths-based approaches to encourage positive youth development and compliance.

## **Juvenile Drug Treatment Courts: Building Adolescent Recovery Capital**

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This module will assist juvenile treatment courts in applying the principles of recovery capital to improve operations and enhance positive youth development. There is emerging research about the importance of assessing, supporting, and building individual recovery capital in youth to ensure long-term success. While there are several models, recovery capital generally refers to the varied internal and external resources that a person needs in order to build and maintain recovery for the long term. For most youth, the recovery process requires a range of supports across multiple domains to reduce risk.

### **Learning Objectives:**

1. Learn how to identify missing youth-oriented recovery resources and engage community partners to help provide those resources.
2. Adjust staffing, court procedures, treatment, case management and service planning to reflect recovery capital principles.
3. Use a pre-and post-program recovery capital assessment tool to measure levels of change in youth.

