## **PHASE I**

## PARTICIPANT HANDBOOK

### PHASE I Participant Handbook

#### **Congratulations!**

Welcome to your new life. This book will help you successfully complete Phase I.

> The brave owner of this handbook is:

If nothing changes, nothing changes.

#### PHASE I:

Chance

Take a chance on a new life.

- Commit to trying something new.
- Be honest and trust the process.

#### This phase is four weeks.

- You will use this book to keep track of everything you need to do.
- You will submit to random drug testing.
- You will be invited to court every week.
- You will be asked to show up for appointments.
- You will receive transportation assistance.
- You will be asked to try new things.
- You will be asked to be honest.
- You may earn gift cards.

In court, you may receive recognition for your progress.

Here are some examples of things you can be recognized for:

- Attending your first court session
- Completing intake with the case manager
- You will receive transportation assistance
- Going to detox/Cherry Hill
- Your first negative drug/alcohol test
- Earning your first gift card.



Date	Days Clean and Sober	Gift Card Earned?	Next Court Date
		Yes or No	

#### To Do's / Tasks / Notes:


Date	Days Clean and Sober	Gift Card Earned?	Next Court Date
		Yes or No	

#### To Do's / Tasks / Notes:

Date	Days Clean and Sober	Gift Card Earned?	Next Court Date
		Yes or No	

#### To Do's / Tasks / Notes:

# CASE Manager Meetings

Date	Goals	Due Date

Date	Goals	Due Date

Date	Goals	Due Date

Date	Goals	Due Date

TREATMENT & MEETING CARDS

Date	Meeting Name and Location	Secretary's Signature

Date	Meeting Name and Location	Secretary's Signature

Date	Meeting Name and Location	Secretary's Signature

Date	Meeting Name and Location	Secretary's Signature

## PROGRAM RULES

#### **Program Rules**

- 1. I agree to try something new.
- 2. I will trust the process. I will try to accept help.
- **3.** I agree to work hard for all of my gift cards and high level incentives.
- **4.** I will try to accept help with obtaining sobriety and addressing my mental health.
- **5.** I understand that, as a result of my treatment needs, a parole/ PRCS violation, and/or a misdemeanor arrest, I must participate in Reentry Court as a condition of my supervision.
- **6.** I understand that successful completion of this program requires 12 to 18 months of participation.
- 7. I understand that this program is an alternative to incarceration.
- **8.** I understand that this program has been added to my conditions of release and I am now required to complete the program.
- **9.** I am willing to attend alcohol and drug treatment, mental health counseling, medical appointments, and/or educational classes as directed by the Reentry Court Team.
- **10.** I understand that I may be discharged from Reentry Court if I am not in treatment, if I miss court, or if the team agrees that I am not benefitting from the Reentry Court program.

- **11.** I will not leave my treatment program. I will talk to my case manager if I need to adjust my treatment.
- **12.** If I am terminated from a treatment program, I will contact my case manager immediately.
- 13. I agree to report to the case manager as instructed.
- **14.** I agree to report for the intake and assessment process and participate in the development of a treatment plan.
- **15.** I agree to submit to random alcohol and urinalysis testing. It is important to test, even if the test will be "positive." We encourage you to be honest about your drug and alcohol usage.
- 16. I agree to show up for all Reentry Court sessions.
- 17. I agree to sign all Reentry Court forms, including releases of information.
- 18. I will bring prescriptions to court for all medications prescribed to me. \*\* For *medical marijuana prescriptions*, the court requires a letter from your doctor to the judge stating that "marijuana is the best course of treatment for this drug court participant's medical condition(s)." \*\*
- **19.** I agree to take all mental health medications as prescribed or consult with my doctor and/or attorney as needed.
- **20.** In order to advance to the next phase, I will complete all requirements and have at least 14 days drug and alcohol free.

### THINGS I MAY NEED TO KNOW

Courthouse:

**Reentry Court:** 

Drug Testing: